



FOR ALL
WOMEN
AND GIRLS

International Women's Day

2025

Empowering Women
Strengthening Equality
Fostering Health

 Sunday, 30th March 2025, 09.00-16.00 hrs.
 Networking Space, M for U Centre
Mae Fah Luang University

09:30 hrs.

Panel Discussion

"Women Leading the Way: A Tribute to Strength, Progress, and Equality"

11:00 hrs.

Inspiration Talk

"From Pride to Progress: A Journey Toward Marriage Equality"

13:30 hrs.

Workshop

"Embracing Harmony: The Feminine Journey to Health through Traditional Chinese Medicine" and Tuina massage

14:30 hrs.

Workshop

"Empowering Women, Securing the Future"



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M4U MFU

Programme

 Sunday, 30th March 2025, 09.00-16.00 hrs.
 Networking Space, M for U Centre
Mae Fah Luang University

09:00 hrs. *Registration*

09:30 hrs. *Panel Discussion*
"Women Leading the Way: A Tribute to Strength, Progress, and Equality"



Dr. Yuki Miyake

Lecturer of International
Development Programme,
School of Social Innovation



Asst. Prof. Maya Dania

Lecturer of International
Development Programme,
School of Social Innovation



Ms. Nitiyakorn Luasuk

Student from School of Law,
Head of Academic Affairs
MFU Human Rights Club



Moderated by
Ms. Reni Juwitasari

Researcher from the Asian Research Centre
for International Development School of Social Innovation

11:00 hrs. *Inspiration Talk*
"From Pride to Progress: A Journey Toward Marriage Equality"



Ann Chumaporn (Waaddao)

Co-Founder of Bangkok Pride



Moderated by
Ms. Thitiporn Charoensuk

Student from School of Law
MFU Human Rights Club, Mae Fah Luang University

Programme

 Sunday, 30th March 2025, 09.00-16.00 hrs.
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Mae Fah Luang University

12:30 hrs. *Registration*

13:30 hrs. *Workshop on
"Embracing Harmony: The Feminine Journey to Health through
Traditional Chinese Medicine" and Tuina massage*



Ms. Alinthiphat Kanchaburin

Lecturer of Traditional Chinese Medicine Programme
School of Integrative Medicine



English Interpretation by
Dr. Chakree Wattanasiri

Lecturer of Applied Thai Traditional Medicine Programme
School of Integrative Medicine

14:30 hrs. *Workshop on
"Empowering Women, Securing the Future"*

Station 1: Board Game "Women's Rights = Human Rights"
By MFU Human Rights Club

Station 2: Board Game "Cybersecurity"

By MFU Student Exchange Alumni from ASEAN Cybershield Exchange Student Programme,
Kangwon National University, Korea



Ms. Aparpat Hattaphasu

Computer Engineering Programme
School of Applied Digital Technology



Ms. Kronrawee Bamrungrot

Software Engineering Programme
School of Applied Digital Technology